

Arabella

SPA



signature treatments price list

"You cannot pour from an empty cup. Take care of yourself first."

African Rainforest

120mins | R2500

The African Rainforest experience offers 120 minutes of luxurious pampering. Comprising of therapeutic showers, scrubs, steam treatments and local fragrances, ending with tea and a fruit platter. This 13 step program consists of various treatments, which are designed to help blood flow and circulation, leading to tranquility and peace from our finest area designed for total relaxation & balancing. A back, neck & shoulder 30min treatment is included in this treatment. This energizing treatment leaves your body soft and feeling smooth as silk.

Rhassoul treatment

45mins | R1050

Traditional Turkish cleansing ritual used for centuries. Full body scrub which is very invigorating, apply the MNA Thalgo (micronized marine algae mask), steam in the Rhassoul Chamber for 20mins followed by rain shower 7mins to remove the mud. Ending in the Dry Cream room. Pores are open and impurities are released, the skin's texture is improved, toned, hydrated with a healthy glow.

Journey to the French Riviera marine spa ritual

120mins | R2870

Travel to the French Riviera, where the sun, sea and sand are inspiration for this journey. Experience a unique double massage using the self heating white jade pebble for pure relaxation. The body is also remineralised thanks to ingredients from the Mediterranean Sea!

For the ultimate indulgence combine any of the above treatments with one of our massages.

Hours of operation

The Spa is open 7 days a week. Monday to Sunday 08h00 - 20h00.

Vouchers

Vouchers can be purchased online @ www.southernsun.com.

Packages for groups

Enquire directly with Reservations.

Bookings & cancellation policy

Pre-booking treatments is essential. Voucher details or full payment is required to secure your Spa booking. Hotel guests, please make changes 12 hours prior to treatments and day visitors a 48-hour treatment change or cancellation charges will apply. Group cancellations must give a minimum of 72 hours' notice prior to scheduled booking. Treatments cancelled after this time will incur a cancellation tariff of 100%.

Children policy

No children under the age of 16 allowed at the Spa Hydrotherapy Pool area.

March 2025