

## GIVING YOU MORE AND MORE

### HOW TO ORDER

031 630 0888 or ext. 10201

ise note: Room service orders may take a little longer to prepare.

ice charge will be to your bill



v

Use these icons to find a meal that suits your preferences & dietary requirements.

VN

HealthyDin:

Vegan friendly: No use of, or containing any animal products

NEW New products

M Mokgadi's Creations

### **BIG BEN**

Topped with baby spinach, grilled tomato, hash brown, cheddar, hickory ham, back bacon & a battered onion ring.

SINGLE: NEW 84 | 2817 kJ

DOUBLE: 135 5585 kJ

### SOUTH AFRICAN

Topped with a boerewors patty & corn chakalaka.

SINGLE: NEW 69 | 1711 kJ DOUBLE: 119 3423 kJ

Add two hash browns

+34 | 1204 kJ

## BUFFALO CHICKEN & BLUE CHEESE

Sesame-crusted° chicken strips coated in hot sauce, blue cheese crumbles & an extra drizzle of hot sauce.

SINGLE: NEW 74 2039 kJ DOUBLE: 124 | 3883 kJ

★ | We are committed to only using free-range eggs

**NUTRITIOUS &** DELICIOUS

### AVO<sup>^</sup> ON TOAST 🕜 🔽

Cucumber, baby spinach, lemon zest & sesame seeds° on lightly buttered wholewheat or rye toast.

**79** | 1358 kJ / 1387 kJ

Buttered sourdough toast<sup>ø</sup>

+5 | 1220 kJ

### LOW-CARB BREAKFAST 🕑 🗹

Two poached eggs, grilled halloumi, avo^, sautéed baby spinach & roasted rosemary cherry tomatoes. 119 | 2877 kJ

### YOGHURT, FRUIT & NUT BOWL 🕑 💟

Full-cream plain yoghurt, fresh seasonal fruit, honey & a sprinkle of walnuts\*\*. 99 | 1386 kJ

### SPICY BEANS ON TOAST 🕸 🛛

Spiced tomato four bean medley served on buttered & toasted sourdough with a poached egg & pea pesto. For a healthier option, choose wholewheat or rye. 🕜 62 | 2640 kJ / 2004 kJ / 2033 kJ

# BREAKFAST **& BRUNCH**

+5 | 1220 kJ

## CLASSICS

Fried, scrambled or poached eggs. Served with buttered white, wholewheat or rve toast.

Buttered sourdough

ON-THE-GO

Two eggs, back bacon & grilled tomato. 69 | 3288 kJ

### CLASSIC

Two eggs, honey-glazed back bacon, grilled tomato & a hash brown. Served with rosemary-salted skin-on fries.

92 | 6543 kJ

### **SOUTH AFRICAN FARM**

Two eggs, back bacon, a hash brown, grilled tomato & boerewors topped with tomato chutney.

139 | 8265 kJ

Add a sweetcorn fritter +23 | 1841 kJ Add a portion of chicken livers +36 | 3053 kJ Add a 200g rump steak +139 | 1133 kJ

### BAGEL

### **BACK BACON & BLUEBERRY**

Buttered & toasted bagel<sup>\*</sup>, cream cheese, back bacon, blueberry & vanilla coulis, candied walnuts\*\* & honey.

92 | 3664 kJ

### SOMETHING DIFFERENT

### SWEETCORN FRITTER STACK

Cheddar & spring onion sweetcorn fritters, back bacon, roasted rosemary cherry tomatoes, avo<sup>^</sup> & ranch dressing. Served with buttered white, wholewheat or rye toast.

### 112 | 3645 kJ

Buttered sourdough +5 | 1220 kJ

Filled with cheddar, mozzarella & fresh basil. Topped with avo<sup>^</sup>, back bacon, feta & basil pesto\*\* mayo. Served with roasted rosemary cherry tomatoes.

59 | 2415 kJ

+13   84 kJ
+16   67 kJ
+34   270 kJ
+24   679 kJ
+24   589 kJ
+28   426 kJ
+35   266 kJ

### EGGS BENEDICT

Poached egg, hollandaise sauce & a toasted English muffin.

### CLASSIC

Topped with hickory ham. Served with grilled tomato & a hash brown SINGLE: NEW 64 2355 kJ DOUBLE: 105 | 4680 kJ

\*Subject to availability \*May contain nuts \*\*Contains nuts \*Contains sesame seeds <sup>Ø</sup>Excluded from HealthyDining

## APPLE CRUMBLE

Sourdough French toast, caramelised apple wedges, fresh strawberries, gingerbread cookie crumble & butterscotch sauce. Served with whipped cream.

72 | 3231 kJ

## OMELETTES

Three-egg or egg white omelette. Served with buttered white, wholewheat or rye toast.

Buttered sourdough +5 | 1220 kJ

### RANCHEROS

Filled with cheddar, mozzarella & shakshuka sauce. Topped with spicy bacon bits, avo<sup>^</sup>, baby potatoes, charred corn, cherry tomatoes & sriracha mayo. Served with sour cream.

139 | 6364 kJ

### 

145 | 5686 kJ

### **CREATE YOUR OWN**

\_....

ILLINGS:	
Onion	+13   84 kJ
omato	+16   67 kJ
Herbed Mushrooms	+34   270 kJ
Cheddar	+24   679 kJ
Nozzarella	+24   589 kJ
Back Bacon	+28   426 kJ
lickory Ham	+35 266 kl

## MIX, MATCH & SHARE

### SESAME-CRUSTED° BUTTERMILK **CHICKEN STRIPS**

Deep-fried & served with sweet chilli dipping sauce. 79 | 3903 kJ

### COATED SPICY BUFFALO CHICKEN WINGS

Deep-fried & served with blue cheese dipping sauce. 99 | 4105 kJ

### SHARING PLATTER

Deep-fried halloumi, sesame-crusted<sup>°</sup> chicken strips, deep-fried coated spicy buffalo chicken wings, battered onion rings & falafels, served with sweet chilli & blue cheese dipping squces

235 | 10430 kJ

### **MINI BURGER° PLATTER**

Boerewors Patty & Cheddar Buttermilk Chicken Falafel 🔽 ONE OF EACH: 106 | 3652 kJ TWO OF EACH: 206 | 7304 kJ

### **MEATY SHARING PLATTER**

Herbed pork empanadas, BBQ basted boerewors bites, spiced jerk chicken skewers, chararilled pork belly rashers & crushed baby potatoes. Served with shakshuka & green herb dipping sauces. 239 | 12230 kJ

> Meaty Sharing Platter



## light **SELECTION**

**WRAPS** 

FALAFEL 65 | 3012 kJ

**CHEESY CHICKEN & BACK BACON** 

79 | 2879 kJ

CHICKEN MAYO

69 | 2806 kJ

SWEDISH MEATBALL (Pork) 69 | 2630 kJ

NEW

Swedish Meatball Wrap (Pork)

## DELICIOUSIY **FILLING** TOASTED SANDWICHES

Buttered & toasted white, wholewheat or rye bread. Served with rosemary-salted skin-on fries, sweet potato fries or a side salad Buttered sourdough

+10 | 2440 kJ

### CHEDDAR & TOMATO

75 | 5136 kJ

### CHICKEN MAYO

84 | 5297 kJ

BACK BACON & EGG **95** | 5746 kJ

### **CROQUE MADAME**

Hickory ham, cheddar, sautéed onions & creamy mustard cheddar sauce on buttered & toasted sourdough. Topped with melted cheddar & a fried egg. **99** | 6049 kJ

## **OPEN SANDWICHES**

### MEDITERRANEAN VEG 🕜 🔽

Grilled mixed peppers, roasted rosemar cherry tomatoes, basil pesto\*\* mayo, kalamata olives, feta & shakshuka sauce. Served on wholewheat or rye toast. 62 | 2155 kJ / 2184 kJ

#### **SMASHED CHICKPEA** MAYO 🚯 🕜 💴

Hummus<sup>°</sup>, red apple, red onion & cucumber.

Served on wholewheat or rye toast.

55 | 1919 kJ / 1948 kJ

Buttered sourdough +5 | 1220 kJ

### **ALABAMA CHICKEN STACK**

Shredded chicken breast, tomato, back bacon & melted mozzarella on buttered sourdough toast. Topped with mustard cheddar sauce, honey mustard dressing & avo'

Served with rosemary-salted skin-on fries, sweet potato fries or a side salad.

135 | 7441 kJ

#### SMOKED TROUT **OPEN SANDWICH**

Cucumber ribbons, cream cheese, chives, red onion, lemon zest & black pepper. Served on lightly buttered wholewheat or rye toast.

119 | 2105 kJ / 2135 kJ

### BAGEL

### SMOKED TROUT

Buttered & toasted bagel<sup>\*</sup>, herbed cream cheese, red onion & cucumber salad. Served with rosemary-salted skin-on fries, sweet potato fries or a side salad.

119 | 4586 kJ

## FRESH SALADS

### SUMMER NOURISH 🎡 🕜 🗹

Grilled halloumi, chilled sorahum, beetroot hummus', red onion, cucumber, pickled cherry tomatoes & fresh herbs. Served with a honey citrus dressing.

Reaular: 99 | 2603 kJ

### **MONTE CRISTO**

Beef strips, bacon bits, avo<sup>^</sup>, blue cheese, cherry tomatoes & spring onion with mixed lettuce. Served with honey mustard dressing & bagel\* melba toast. Light: 105 | 2529 kJ

Regular: 185 | 3922 kJ

### CRISPY PORK BELLY

Pork belly strips tossed in a sticky Asian BBQ sauce<sup>\*\*</sup>, sliced apple, rainbow slaw, mixed lettuce, roasted peanuts\*\*, lime & fresh coriander. Served with a honey citrus dressing.

Light: 84 | 1606 kJ Regular: 139 | 3116 kJ



## **HEARTY &** GENEROUS

### CHIPOTLE CHICKEN LIVERS

Pan-fried in a cream, red onion, garlic & smoky chipotle sauce. Served with buttered & toasted sourdough.

84 | 4659 kJ

### FAMOUS ROASTED TOMATO & BASIL SOUP

Topped with basil pesto\*\* & served with a toasted white, wholewheat or rye mozzarella sandwich.

89 | 5666 kJ

Buttered sourdough

+10 | 2440 kJ

#### SESAME-CRUSTED<sup>®</sup> BEEF & VEG BOWL

Egg-fried basmati rice, stir-fried veg, avo<sup>^</sup>, spring onion & crispy ginger slices with honey-soy sauce.

167 | 6548 kJ Substitute beef for sesame-crusted® chicken strips\*

142 | 4785 kJ

### **CREAMY CHICKEN & BEAN** CHILLI BOWL

Served with citrus coriander rice. Topped with avo<sup>^</sup>, sour cream, green herb dressing & fresh coriander. 159 | 3448 kJ

NEW Creamy Chicken & Bean Chilli Bowl

\*Subject to availability \*May contain nuts \*\*Contains nuts \*Contains sesame seeds

## GRILLS

Served with rosemary-salted skin-on fries, sweet potato fries or a side salad

### LAMB CHOPS

400g Grilled loin chops served with minted peas & red wine jus. 349 | 9696 kJ

### **PIT BOSS BBQ GRILL**

BBQ basted 200g rump, chargrilled pork belly rashers, boerewors, deep-fried coated BBQ chicken wings & half a grilled corn on the cob. With a creamy mustard cheddar dipping sauce. 269 | 12969 kJ

### **GRILL MASTER**

200g Chargrilled BBQ pork ribs, BBQ basted chicken thighs, boerewors & 200g BBQ basted rump.

355 | 8115 kJ

**BBQ WORKS** Two 100g BBQ basted beef short rib chops, coated BBQ buffalo chicken wings, 200g chargrilled BBQ pork ribs. 265 | 8030 kJ

**T-BONE STEAK** 400g T-bone. Served with roasted mixed veg & red wine jus. 295 | 6652 kJ

### **GRILLED RUMP STEAK**

BBQ basted 250g rump, topped with herb butter. Served with battered onion rings & red wine jus. 245 | 6665 kJ

### **RIB & WING COMBO**

200g Chargrilled BBQ pork ribs & deep-fried coated BBQ chicken wings. 199 | 10491 kJ

#### SWEET & SPICY WINGS & **BBQ RUMP**

Deep-fried coated spicy buffalo chicken wings & a chargrilled BBQ basted 250g rump. 269 | 8280 kJ



## HOMESTYLE POT PIES

Rosemary & poppy seed puff pastry lid, served with rosemary-salted skin-on fries, sweet potato fries or a side salad.

CHICKEN & MUSHROOM

109 | 4638 kJ

### MUSHROOM, LENTIL & ROASTED VEG

112 | 3828 kJ

**BEEF & MUSHROOM** 149 | 5348 kJ

**PEPPER STEAK** 155 | 5851 kJ

BUTTER CHICKEN CURRY 119 | 6470 kJ



## GOURMFT URGERS

Served on a sesame brioche bun', with rosemary-salted skin-on fries, sweet potato fries or a side salad.

Our premium BBQ basted beef patties are carefully crafted from 100% beef. They are cooked medium for more and more flavour, unless requested otherwise

### VEGGIE GOURMET BURGER 💷 🕸 🗹

Falafel patty, sriracha mayo, tomato, lettuce & sautéed onions.

89 | 4448 kJ

### **BUTTERMILK CHICKEN**

Deep-fried sesame-crusted<sup>°</sup> chicken strips, rainbow slaw, grated Parmesan, tomato, honey citrus dressing, burger mayo & lettuce.

129 | 7591 kJ

### AVO<sup>^</sup>, BACK BACON & FETA

Layered with gherkins, tomato, burger mayo, red onion & lettuce. 154 | 7324 kJ

### **BIG DADDY**

Layered with gherkins, tomato, burger mayo, red onion & lettuce. With a fried egg, back bacon, hickory ham & cheddar. Topped with battered onion rings. 169 | 9772 kJ



#### Veggie Gourmet Burger

### CHILLI BACON JAM & FETA

With chilli bacon jam, whipped feta & rocket 149 | 6070 kJ

### **BBQ CHEDDAR**

Layered with gherkins, tomato, burger mayo, red onion & lettuce.

135 | 5989 kJ

EXTRAS:		
Slice of Cheddar	+14	339 kJ
Avo^	+30	401 kJ
Back Bacon	+28	426 kJ
Beef Patty	+61	1575 kJ
Battered Onion Rings	+11	599 kJ
Caramelised Onion	+12	259 kJ
Fried Egg	+18	982 kJ
Jalapeños	+12	36 kJ
Mustard Cheddar Sauce	+20	352 kJ

## FRESHLY BAKED

### PIE OR TART SLICE

Served with ice cream or whipped cream. 78 | 4521 kl

### CAKE SLICE

78 | 5966 kJ

Add ice cream or whipped cream

+19 | 263 kJ / 441 kJ

### FAMOUS GIANT MUFFIN\*\*

Available in sweet or savoury options. Made from scratch with the same recipe for over two decades.

49 | 4662 kJ

Add butter, strawberry jam & cheddar +10 | 926 kJ





Carrot Cake Slice\*\*

\*Subject to availability \*May contain nuts \*\*Contains nuts \*Contains sesame seeds

# THF ROASTERY

, ,	ATIVES ge I Almond milk¨ +10 'hipped cream +11	*	*	×
		SHORT	EASY	SERIOUS
FILTER COFFEE	E	<b>28</b>   77 kJ	<b>31</b>   151 kJ	<b>34</b>   253 kJ
AMERICANO		<b>29</b>   57 kJ	<b>33</b>   87 kJ	<b>39</b>   115 kJ
CAPPUCCINO	1	<b>35</b>   507 kJ	<b>39</b>   648 kJ	<b>44</b>   901 kJ
CAFFÈ LATTE		<b>35</b>   506 kJ	<b>39</b>   647 kJ	<b>44</b>   900 kJ
CAFFÈ MOCH	A	<b>42</b>   894 kJ	<b>46</b>   1229 kJ	<b>52</b>   1384 kJ
FLAT WHITE		<b>36</b>   394 kJ		
ESPRESS	0			
SINGLE	26 1 kJ   DOPPIO 29 2 kJ			
DECAF	Single +5   Double +8			
MORE I	HOT DRINKS			
HOT CHOCOL	ATE (Classic   White)	<b>45</b>   991 kJ 978 kJ	<b>49</b>   1410 kJ   1392 kJ	52   1885 kJ 1862 kJ
	ЛОСНА	<b>48</b>   882 kJ	<b>52</b>   1201 kJ	55   1576 kJ
MARSHMALL	OW COOKIES &		<b>65</b> 2564 kJ	

**MARSHMALLOW COOKIES &** CREAM HOT CHOCOLATE (Served with a chocolate-dipped donut pop\*)

## MOCKTAILS

### **VERY BERRY**

Mixed berry coulis, PowerPlay® Original, strawberry & pineapple wedge 78

### **APPLE MOJITO**

Appletiser®, green apple coulis, mint & green apple. 88

\*\*Contains nuts

### **CARIBBEAN SUNSET**

Sprite®, orange juice, lemonade, grenadine, orange & lemon slices.

66

### AMBER SKY

Schweppes® Lemonade, orange juice, passion fruit cordial, grenadine & an orange slice. 56



We don't just make food. We make food with thought. Visit our website to find out how we make food that's good for the environment, for local communities & for you.



Discovery Vitality members get up to 25% back on all qualifying HealthyDining meal options, plus 50% back on Vitality kids' HealthyDining meals for under 12s. To get your rewards, activate HealthyDining on the Discovery app, purchase a Mugg & Bean HealthyDining meal (you can spot it with the 'V' indicator), and scan your receipt in the HealthyDining section of the Discovery app. Discovery Vitality (Pty) Ltd. Registration number: 1999/007736/07. Limits, terms and conditions apply.

T&Cs apply. Bottomless menu items available for sit-down customers only. Ingredients may vary subject to availability & seasonality. Menu descriptors do not contain full ingredients. Beef macon is available as a substitute for bacon at selected restaurants only. If you require any allergen information prior to ordering, please ask a member of our team to assist. We use a lot of different ingredients & shared equipment in our kitchens, as well as some products that have been produced by suppliers. Due to this, we cannot guarantee that our food is completely free of allergens or traces of allergens. Portion weights are raw weights. Any change or addition to our original recipes will result in kilojoule count variations. Some items are calculated on the highest kilojoule variant. Consuming raw or under-cooked meats, poultry or eggs may increase your risk of foodborne illness & is done so at your own risk. Only certain pies & tarts are served with cream or ice cream. All visuals are suggested servings only & for descriptive purposes only, size & appearance may vary. All extras will be charged for. Certain menu items are made from non-dairy cream. Not all items on this menu are available as takeaway.



Coca-Cola, Coke & The Red Disc Icon are trademarks of The Coca-Cola Company © 2024.



Mugg & Bean cares. Please recycle.

Room Service Winter 2024. Prices guoted in rands & inclusive of VAT.