




## À LA CARTE HOT BREAKFAST SELECTION

<b>Egg Florentine</b> 	120
English muffin, Poached egg, Spinach, Hollandaise	
<b>Egg Benedict</b> 	240
English muffin, Poached egg, Fried Parma ham, Wild rocket and Hollandaise	
<b>South African Benedict</b> 	190
English muffin, Poached egg, Boerewors pinwheels, Chakalaka and Hollandaise	
<b>Smoked Salmon Benedict</b> 	200
English muffin, Cream cheese, Wild rocket, Smoked salmon and Hollandaise	
<b>Vegan Benedict</b>	165
Beetroot English muffin, Baba Ghanoush, Grilled zucchini, Avocado, Sesame seeds, Artichoke, Cayenne pepper and Hollandaise	
<b>Sunrise Breakfast</b> 	180
Choice of Sausage (Beef, Pork, Lamb, Chicken or Soy), Bacon, Hash brown, Sautéed cocktail tomato, Sautéed mushrooms and 2 Eggs any style	
Poached Egg (Soft, Medium, Hard)	
Scrambled Egg (Soft, Medium, Hard)	
Boiled Egg (Soft, Medium, Hard)	
Fried Egg (Soft, Medium, Hard)	
<b>Early Morning Omelette</b> 	180
3 Egg Omelette (Egg white omelette / Vegan omelette available on request)	
Please select your filling - Ham, Tomato, Mushroom, Onion, Bacon, Spinach, Tofu and Cheese	
<b>Vegan Omelette</b>	190
Chickpea plant based omelette served with your choice of plant based filling: Peppers, Onions, Mushrooms, Spinach, Tofu, Tomato, Soya	
<b>Healthy Breakfast</b> 	240
Whole Wheat toast, Hummus, Avocado, Poached eggs, Sautéed tomatoes on the vine	
<b>Quills Shakshouka</b>	
Sheba sauce cooked with two soft boiled eggs	
Lamb	300
Beef	240
Venison	260
Chicken	220
Prawns	320
<b>South African Scramble Wrap</b> 	170
Springbok biltong cooked with Scrambled eggs, served in a wrap with Rocket, Tomato and Avocado	
<b>Vegan Breakfast</b> 	170
Fried plantain, Avocado, Chia seeds, Scrambled tofu, Hummus, Panko asparagus, Kale and Sautéed mushrooms	
<b>Warm Pancakes (Vegan Option Available)</b> 	120
Mixed berries, Maple syrup, Grilled banana topped with Rose essence sugar	

# BREAKFAST

All à la carte items include a variety of toast, jams & preserves.

<b>Waffles (Vegan Option Available)</b> 	130
Freshly baked waffles served with Chantilly Cream, Maple syrup and Mixed berries	
<b>French Toast (Vegan Option Available)</b> 	130
Egg soaked and fried bread topped with a grilled banana, served with cinnamon sugar, Maple syrup, Mixed berries and Powdered sugar	
<b>Flapjacks (Gluten Free and Vegan Option Available)</b>	120
Maple syrup, Mixed berries, Crispy bacon and Powdered sugar	
<b>Quills Oats</b> 	65
Topped with Flaked almonds, Cashew nuts, Pumpkin seeds, Goji berries, Flaxseeds, Mixed berries and Moringa powder	
<b>Sorghum Porridge</b>	65
Cinnamon powder, Banana, Goose berries, Cranberries and Pistachio nuts	

## CONTINENTAL BUFFET SELECTION

Please select your preferred items from the abundance of local and international products on our continental buffet. 280

Freshly baked pastries, croissants, muffins, country loaves, continental rolls, cereals, yoghurts, seasonal fruits, delightful charcuterie, local and international cheeses and smoked fish to name only a few items

## QUILLS FULL BREAKFAST

One hot breakfast of your choice is served along with our wholesome continental buffet 300

## BEVERAGES

Freshly brewed coffee (filter or decaffeinated)	50
Cappuccino with cream or froth	50
Americano	50
Hot Chocolate	55
Tea selection (Ceylon, Rooibos, English breakfast, Earl Grey)	50
Fresh fruit juice selection (Orange, Mango, Apple, and Guava)	40
Veggie juice made fresh everyday	80
<b>Smoothies</b>	65
<b>Avocado and Blueberry</b>	
Almond milk, Fresh spinach, Banana, Avocado, Blueberries, Flaxseed, Cinnamon	
<b>Beetroot</b>	
Almond milk, Mixed berries, Beetroot, Pineapple, Plain yoghurt, Honey (use agave to make vegan), Chia seeds	
<b>Vitamin C</b>	
Orange, Banana, Mango, Turmeric, Fresh ginger, Lemon juice, Honey, Strawberries, Oat Milk	
<b>Moringa</b>	
Assorted nuts, Banana, Nutella, Cinnamon, Egg white, Granola, Moringa powder	



Bills are presented to all guests. Should your room package include breakfast, please simply record your name and room number and this will not be charged to your room. A bed & breakfast package includes the Quills Full Breakfast offering.

All prices are in ZAR and include VAT

Service charge is not included