



## MASSAGE TREATMENTS



|                                       |       |          |
|---------------------------------------|-------|----------|
| Full Body Aromatherapy Massage        | 60min | R 600.00 |
| Deep Tissue Massage                   | 60min | R 680.00 |
| Back, Neck & Shoulder Massage         | 30min | R 380.00 |
| Back, Neck & Shoulder with Hot stones | 45min | R 500.00 |
| Back & Scalp Massage                  | 45min | R 480.00 |
| Couples Massage                       | 60min | R1000.00 |
| Foot & Leg Massage                    | 30min | R 350.00 |
| Hair & Scalp Massage                  | 30min | R 350.00 |
| Hot Stone Massage                     | 60min | R 750.00 |

Using Basalt stones to re-energise tired muscles by increasing blood flow to tight muscles.

## HUMANKIND BODY WRAPS



|  |       |         |
|--|-------|---------|
| <b>African Wrap</b>  | 60min | R550.00 |
| Contains African Buchu extract with amazing healing properties, nourishes and moisturizes the skin including a body exfoliation.   |       |         |
| <b>Slimming Wrap</b>   | 60min | R550.00 |
| Contains Ginger Root extract giving a natural warming effect, an intensive wrap that helps reduce localized excess fat and increases micro-circulation and stimulates lymph drainage including a body exfoliation. |       |         |

## FACIAL TREATMENTS

Dr Luda is a Doctor in biochemistry and started the product range in South Africa, Essel Products contains no chemicals, alcohol or parabens, it is a medical product and is not tested on animals.



INNOVATIVE COSMETICS FOR A BEAUTIFUL FUTURE

|  |         |          |
|--|---------|----------|
| <b>DNA FACIAL</b>  | 60mins  | R 500.00 |
| A facial especially designed to refinish the skin by stimulating skin cell renewal offering anti-ageing, firming and moisturising properties. Recommended for the mature skin. |         |          |
| <b>DEEP CLEANSING</b>  | 60min   | R 450.00 |
| A refreshing facial for all skin types to purify, reduce excess oil, decongest pores and lift impurities.  |         |          |
| <b>CALMING FACIAL</b>  | 60 mins | R 450.00 |
| A light cooling facial for relieving skin discomfort, especially for red, sensitive and reactive skins.  |         |          |
| <b>ULTRA HYDRATING</b>   | 60 mins | R 450.00 |
| A moisturising facial especially suited for the dry or dehydrated skin to moisturise and soothe.   |         |          |
| <b>CHOCOLATE FACIAL</b>  | 60min   | R 450.00 |
| An absolute treat, a real pampering facial to nourish, soothe and rejuvenate the skin.   |         |          |
| <b>GROOMING TREATMENTS</b>   |         |          |
| Lip or Chin or Brow Wax  |         | R 70.00  |
| Underarm Wax   |         | R 100.00 |
| Half Leg Wax   |         | R 170.00 |
| Full Leg Wax   |         | R 220.00 |
| Bikini Wax   |         | R 150.00 |
| Brazilian Wax  |         | R 250.00 |
| Hollywood Wax  |         | R 280.00 |
| Eyelash Tint   |         | R 70.00  |
| Eyebrow Tint   |         | R 70.00  |
| Lash & Brow Tint & Shape   |         | R 130.00 |
| Half Arm Wax   |         | R 120.00 |
| Back Wax   |         | R 250.00 |

## OPERATING HOURS

|  |  |                                      |
|--|--|--------------------------------------|
| <b>SUMMER</b>                          | <b>WINTER</b>                          | <b>Sundays &amp; Public Holidays</b> |
| Monday - Saturday<br>9.00 am - 6.00 pm | Monday - Saturday<br>9.00 am - 5.00 pm | 9.00 am - 1.00 pm                    |



## HAND & FEET THERAPY



|  |       |          |
|--|-------|----------|
| Deluxe Manicure                        | 60min | R 300.00 |
| Deluxe Pedicure                        | 60min | R 350.00 |
| Foot Peel                              | 30min | R 180.00 |
| Removes dead, hard skin.               |       |          |
| Tidy & Paint Nail Polish               | 30min | R 150.00 |
| Tidy & Colour Gel                      |       | R 250.00 |
| Soak Off                               |       | R 100.00 |
| Hand Peel                              | 30min | R 150.00 |
| Helps with sunspots and very dry hands |       |          |

## PACKAGES

|   |        |          |
|---|--------|----------|
| <b>Blissful Indulgence</b>  | 2hrs   | R 700.00 |
| Back & Scalp Massage<br>Manicure or Pedicure  |        |          |
| <b>Top to Toe Pamper</b>  | 2,5hrs | R1050.00 |
| Full Body Massage<br>Facial<br>Foot & Leg OR Scalp Massage  |        |          |
| <b>Sensory Heaven</b>   | 4hrs   | R1700.00 |
| Full Body Exfoliation with Body Wrap<br>Full Body Massage incl. Scalp Massage & Treatment<br>Facial<br>Tidy & Paint |        |          |
| <b>Men's Grooming</b>   | 45min  | R 350.00 |
| Toes & Fingers incl a Foot Peel   |        |          |
| <b>Mommy-To-Be</b>  | 90min  | R 800.00 |
| Back, Neck & Shoulder, Foot & Leg Massage<br>PLUS Pedicure  |        |          |
| <b>Little Princess Package</b>  | 45min  | R 380.00 |
| <i>Twinkle Toes &amp; Fancy Fingers</i><br>(Under 12 years)<br>Mini Manicure, Mini Pedicure & Mini Facial           |        |          |
| <b>Little Prince Package</b>  | 45min  | R 380.00 |
| <i>When only the Best will do</i><br>(Under 12 years)<br>Nail Grooming, Fingers & Toes,<br>Mini Back Massage        |        |          |

@ SABI RIVER SUN

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