

# THE ATRIUM

## A LA CARTE

A little respect, that's all the Earth asks. We serve fresh produce that is both seasonal and as close to Sandton as possible. That way, we all reduce our carbon impact and by using re-cycled glassware and locally produced crockery, we also support our surrounding communities.

Let's keep it down-to-earth. Enjoy!

### LIGHT MEALS

<b>Mushroom and truffle soup</b>   cumin cream cheese   pastry (V)	R 165
<b>Potato and leek soup</b>   with sour cream and chives (V)	R 125
<b>Atrium chicken salad</b>   carrot   beetroot   mixed lettuce   flaked almond   dried cranberries   avocado   red onion   cucumber   cherry tomato   balsamic dressing (H) (N)	R 145
<b>Caesar salad</b>   cos lettuce   parmesan   poached egg   crispy coppa   white anchovy (H)	R 145
<b>Grilled haloumi salad</b>   cucumber   tomato   red onion   rocket   mint and hummus dressing (V)	R 145
<b>Beef fillet &amp; biltong salad</b>   carrot   beetroot   mixed lettuce   flaked almond   dried cranberries   avocado   red onion   cucumber   cherry tomato   balsamic dressing (H) (N)	R 170
<b>Atrium wrap</b>   grilled chicken   haloumi   avocado   tomato   hummus   hand-cut chips or side salad	R 165
<b>Veg wrap</b>   halloumi   avocado   tomato   hummus   hand-cut chips or side salad (V)	R 155
<b>Gourmet beef burger</b>   gruyere or cheddar cheese   fried egg   guacamole   hand-cut chips	R 180
<b>Pasta peppadew chicken</b>   peppadew   Cajun chicken   basil pesto   parmesan cheese (N)	R 180
<b>Pasta Alfredo</b>   bacon   mushrooms   rocket   parmesan shavings	R 180
<b>Grilled prawn tagliatelle</b>   250g prawn meat   creamy arrabbiata sauce   anchovy butter   garlic   capers	R 250
<b>Prawn and avocado*</b>   poached prawns   salmon   lemon and lime cream cheese   Thai chilli sauce	R 175
<b>Crispy fried chicken wings</b>   spicy BBQ dipping sauce   500g   1kg	R 175   R 280

### MAIN COURSES

<b>Grilled salmon</b>   coriander and lime bulgar   tahini and garlic yoghurt (H)	R 385
<b>Grilled baby kingklip</b>   rocket   cherry tomato   capers, garlic, butter and thyme sauce	R 320
<b>Fish and chips</b>   grilled or fried   homemade tartare sauce   lemon wedge	R 185
<b>Grilled chicken thighs</b>   spicy chakalaka   sautéed spinach   homemade fried bread	R 200
<b>Braised lamb shank</b>   bean ragout   creamy mashed potato	R 385
<b>Rich wine braised oxtail</b>   creamy mashed potato	R 350
<b>Aubergine and potato curry</b>   Basmati rice   coriander   yoghurt   poppadom (V)	R 175
<b>Moroccan style goat tagine</b>   northern style spice	R 340
<b>Lamb curry</b>   on the bone   basmati rice   coriander crème	R 320
<b>Braised beef cheeks</b>   400g	R 240

### GRILLS

**Chalmar beef** has been growing beef since 1969. All young calves are pasture reared for 3 to 5 months before entering the feedlot where the cattle is then grain fed. By rearing young cattle on the pasture and full vertical integration over their entire production chain, Chalmar guarantees their ability to produce consistent quality from beginning to end. By doing so, you will enjoy tender and juicy beef when ordering a Chalmar steak.

<b>Chalmar sirloin</b>   300g	R 315
<b>Chalmar rump</b>   300g	R 315
<b>Chalmar wing rib steak</b>   500g	R 345
<b>Chalmar fillet</b>   300g	R 355
<b>Chalmar T-bone</b>   500g	R 345
<b>Chalmar Tomahawk steak</b>   750 g   hand-cut chips	R 595

<b>Beef rib-eye</b>   300g	R 340
<b>Lamb loin cutlets</b>   330g	R 355
<b>Lamb ribs</b>   600g	R 350
<b>House-smoked sticky BBQ pork belly ribs</b>   800g   hand-cut chips   coleslaw (P)	R 350
<b>Grilled prawns</b>   6 extra large prawns	R 399
<b>Meat platter</b>   400g lamb loin chops   1kg crispy fried chicken wings   800g pork ribs   500g beef boerewors   fries   BBQ dipping sauce (P)	R 1250

All grilled meats are accompanied with a San meat rub | roasted cherry tomato | beef jus  
Medium to well and well done meat temperature choices can take up to 30 minutes to prepare

<b>Sides</b>   hand-cut chips   pap with tomato gravy   mash   sautéed spinach   butternut   side salad or grilled vegetables	R 50
<b>Sauces</b>   mushroom   pepper   Karoo cheese and biltong	R 50

(V) Vegetarian | (H) Healthy | (N) Nuts | (P) Pork | \*Seasonal availability

PLEASE NOTE: We use ingredients in our food that some people may be allergic to. All food is stored and prepared in a common kitchen with the risk of exposure to the allergens. We cannot guarantee that any foods or beverages are allergen free even if the allergen does not appear in the name or the ingredients listing. If you have food allergies then ask kitchen management about any specific allergens in the food before eating any food from the menu.

We use locally sourced, seasonal ingredients and avoid using fish on the SASSI endangered species list in our dishes.  
All prices are inclusive of VAT.

March 2024