

# VIGOUR & VERVE

coffee & everything in between

## BEFORE

### STARTERS & SALADS

**SOUP OF THE DAY** R75  
Served with croutons

**GREEK SALAD**  R115  
We have our own local version

**TABOULEH SALAD**  R120  
Bulgar wheat, baby leaves, cashew nuts, tomato, cucumber, Italian parsley, mint, red onion and garlic

**CALAMARI SALAD** R140  
Grilled or fried. Baby marrow ribbons, lettuce, bell peppers and lemon

**PERI PERI CHICKEN LIVERS** R95  
Accompanied with poppadum and garlic butter

**V&V CAESAR SALAD** R125  
With chicken, bacon, garlic croutons, boiled egg and Caesar dressing

**WEST COAST MUSSELLS** R150  
In a tomato and white wine sauce served with toasted ciabatta  
**As main course** R275

## IN BETWEENERS

**CLASSIC PANINI**  R85  
Tomato, onion, cheddar and chutney

**SMOKED CHICKEN PANINI** R120  
Mayo, tomato and cheddar

**V&V CLUB SANDWICH** R145  
Sour dough bread. Chicken, lettuce, cheese, bacon, tomato & avocado, served with rustic chips

**OUR SIGNATURE V&V CHICKEN WRAP** R130  
Served with sweet chilli and rustic chips

## V&V BURGERS

**BEEF** R140  
**CHICKEN** R130  
**VEGGIE** R120

Lettuce, tomato, onion, pickles and Cheddar cheese (without the bun if you prefer)  
Served with rustic chips

## PASTA

**PENNE PASTA**  R95  
Neapolitan sauce with grated pecorino, and rocket

**SPINACH GNOCCHI**  R130  
Spinach gnocchi in a parmesan sauce with sautéed spinach and mushrooms

**BUTTERNUT RAVIOLI**  R125  
Creamy garlic sauce with sage and burnt butter

**PRAWN TAGLIATELLE** R190  
With chilli, lime and fresh rocket

**SPAGHETTI BOLOGNAISE** R165  
Classic Italian dish, with parmesan cheese

## BETWEENERS

### HOT OFF THE GRILL

*Served with your choice of 2 sides and 1 sauce*

**GRILLED ½ BABY CHICKEN** R185

**BEEF SIRLOIN 250G** R195

**CATCH OF THE DAY** R290  
Locally sourced line fish served with prawns and mussels

**MIXED BRAAI PLATTER (Serves 1 person)** R260  
Boerewors, Chicken Wings, Lamb Saddle Chop

**T-BONE 500G** R340

**BEEF RUMP 300G** R250

## SIDES

**SIDES** Pap and Sheba (stiff maize-meal and tomato relish) | Chakalaka (spicy mixed veg and bean relish) | Creamed Spinach and Sweet Pumpkin | Oven Roasted Vegetables | Fried Rustic Chips | Seasonal Fresh Salad

*(Choose 1) Additional Sauce - R35 each*

**SAUCES** Classic Peppercorn | Red Wine Jus | Peri Peri - Very Hot | Lemon Butter | Mushroom

## LOCAL FAVOURITES

Authentic dishes of our region, the way they were prepared by our ancestors

**CAPE MALAY ROTI** R140  
Filled with butter chicken curry. Served with rustic chips and sambals

**BUTTER CHICKEN** R165  
Tender grain-fed chicken, classic fragrant spices, steamed rice, roti and sambals

**FISH & CHIPS, THE CLASSIC WAY** R185  
Tempura battered hake and tartar sauce Served with rustic chips

**OUR SIGNATURE V&V CHICKEN WINGS** R185  
BBQ or Peri Peri or lemon and herb with corn and additional side

**LAMB RIBLETS** R190  
Char-grilled, basted and baked served with Chimichurri, and slaw or fries

**LAMB CURRY** R240  
Basmati rice, roti and sambals

**PORK SPARE RIBS** R240  
500g BBQ or Peri Peri basted with onion rings and rustic chips

**RED WINE BRAISED BEEF OXTAIL** R240  
With mashed potato and seasonal oven roasted vegetables

## KIDDIES

**CHICKEN NUGGETS** R75  
With chips or salad or mixed vegetables

**KIDDIES FISH & CHIPS** R75  
With chips or salad or mixed vegetables

**SPAGHETTI WITH BUTTER** R55  
(Add bolognaise) R25

**KIDDIES CHICKEN BURGER** R75  
With chips or salad

**KIDDIES BEEF BURGER** R75  
With chips or salad

## AFTERS

**CAKE OF THE DAY** R85

**FUDGE BROWNIE** R85  
With a scoop of vanilla ice cream

**MALVA PUDDING** R75  
With custard

**CREPES** R85  
With orange segments and sauce. Served with vanilla ice cream

#### Allergy Notice

We use ingredients in our food that some people may be allergic to. All food is stored and prepared in a common kitchen with the risk of exposure to the allergens. We cannot guarantee that any foods or beverages are allergen free even if the allergen does not appear in the name or the ingredients listing. If you have food allergies then ask kitchen management about any specific allergens in the food before eating any food from the buffet or from the menu.

Date: September 2024

All prices are in South African Rands and include VAT.  
 Vegetarian dishes



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