

Cabana Beach



RESORT

ENTERTAINMENT GUIDE

Welcome Back



WEEK 4 - (25 JAN - 31 JAN 2025)

PROGRAM SUBJECT TO CHANGE

ENTERTAINMENT TEAM



CLIVE
Entertainment Director



IAIN
Entertainment Manager



ASHMIKA
Ent. Assistant Manager



NTOMBI
Entertainer



PUMLANI
Entertainer



ASHVIKA
Entertainer



PUMBA
Entertainer



ZAMA
Entertainer



CHANTE
Entertainer



ZEEH
Entertainer



RUGBY SCREENING

CABANA LOUNGE | 15:00

GLOUCESTER VS LEICESTER TIGERS



SATURDAY

- 11:00 TRIP TO GATEWAY** – Book at reception.
- 11:00 BRACELET MAKING** – Family Pool – Get creative and craft your own colourful masterpiece! Make it, wear it, love it!
- 12:00 WELCOME DRINKS AND POPCORN** at Cabana Entrance
- 12:00 5-A-SIDE SOCCER** – Sports Court.
- 12:30 QUIZ** – Adult Pool – Put your heads together for some splash-tastic trivia fun! Test your knowledge, enjoy the laughs, and win awesome prizes.
- 15:00 CREATIVE ACTIVITY** – Kiddies Room
- 15:00 RUGBY SCREENING** – at Cabana Lounge
- 17:00 KIDDIES WELCOME MOVIE AT THE KIDDIES ROOM** – Kick off the fun with a cozy movie just for the little ones! Grab a seat, enjoy some snacks, and let the adventure begin.
- 19:00 LIVE MUSIC WITH ELVIS** – Embark on a journey of classic hits from the 50s to now with Elvis. Come sit and unwind, take advantage of the bar specials. Perfect way to start the weekend.



SUNDAY

- 10:00 MEET THE ENTERTAINMENT TEAM** - at the Family Pool. Get your groove on with the entertainment team! Head to the pool deck and learn a fun, upbeat dance that'll have you smiling, moving, and feeling the good vibes.
- 10:30 KIDS RATS AND RABBITS** – Top Lawns – Come and test your skills for a prize!
- 11:00 POOL SAFETY** – Family Pool
- 11:10 6 CORNER CHALLENGE** – Family Pool – Win a PRIZE!!!
- 12:00 WALK TO THE ITALIAN CORNER** - Meet at the family pool entertainment stage. Bring the whole family to learn how our ice cream is made. (Bring cash or credit cards with If you would like to buy an ice-cream at a discounted price).
- 12:00 SACK RACE RELAY** – Family Pool – Hop, jump, and laugh your way to the finish line – team up, compete, and see who can bounce their way to victory. Let the games begin!
- 12:30 BINGO** – Adult Pool – Join the fun at the pool for an exciting game of bingo! With great prizes and loads of laughs, it's the perfect way to make family memories.
- 13:00 TAILGATING** – Family Pool – Get in on the fun with games, laughs, and good vibes! Bring your A-game and stand a chance to win an awesome prize!
- 14:00 KIDS 5-A-SIDE SOCCER** – Sports Court – Get your game on and meet your fellow soccer stars! Fast-paced fun, teamwork, and friendly competition—let's kick it!
- 15:00 KIDS CREATIVE ACTIVITY TIME** – Cabana Lounge – Unleash your imagination at the Cabana Lounge! Fun crafts, exciting projects, and endless creativity—come join the fun!
- 15:00 PLAYSTATION GAMING HOUR** – Kiddies Room – Level up the fun with an epic gaming session! Grab your controller and get ready for action-packed excitement in the Kiddies Room. Let's play!
- 16:00 POOL FRIENDLY** – Sports Court
- 19:00 MUSIC QUIZ** – Cabana Lounge – Come stand a chance to win a bottle of wine and test your music knowledge.



MONDAY

- 07:00 GOLF AT MOUNT EDGECOMBE** – Woods/Course 1 - R 400 p.p – includes green fees and transportation – carts not included. TRIP IS LIMITED TO A MAXIMUM OF 4 PEOPLE. Book at reception.
- 10:00 KIDS THEME DANCE** – Family Pool. Get your groove on with the entertainment team! Head to the pool deck and learn a fun, upbeat dance that'll have you smiling, moving, and feeling the good vibes.
- 10:10 MUSICAL BALL** – Family Pool – Let the music play and the fun begin! Join us for a lively game of musical ball filled with laughs, energy, and good vibes for everyone. Don't miss out!
- 10:15 CREATE CERAMICS** – Come and enjoy painting a 'straight mug' for only R 150. Any other pottery items will be charged at an additional cost as there is a wide range of ceramic pieces available that vary in price. Spend more than R 500 and receive a 10% DISCOUNT! BOOKINGS MUST BE MADE THE DAY BEFORE (SUNDAY) AT RECEPTION. Free transportation available – at Cabana Lounge.
- 10:30 HOOLA HOOP CHALLENGE** – Family Pool – Show off your hula hoop skills at the Family Pool and see who can keep the hoop going the longest.
- 11:00 TAILGATING FRIENDLY** – Family Pool
- 11:00 WATER AEROBICS** – Adult Pool - Great moves, good vibes, and a splash of fitness to start your day right – dive into a refreshing workout that's as fun as it is energizing!
- 12:00 FAMILY QUIZ** – Family Pool – Put your heads together for some splash-tastic trivia fun! Test your knowledge, enjoy the laughs, and win awesome prizes.
- 13:00 BINGO** – Adult Pool - Kick back, enjoy the vibes, and try your luck for some fantastic prizes. Fun, laughs, and a little friendly competition—don't miss it!
- 14:00 TEN-PIN BOWLING AT OCEANS MALL** – Meet at Cabana Lounge
- 14:00 KIDS 5-PIN SOCCER** – at the top lawns – Kick, score, and celebrate! Join the fun with this exciting twist on soccer – fast-paced action, teamwork, and tons of laughs await. Let's see those skills in action!
- 15:00 KIDS' CREATIVE ACTIVITY** – at Cabana Lounge – Let the creativity flow! Join us for a fun-filled session of crafts, colours, and imagination.
- 15:00 GAMING HOUR AT THE KIDDIES' ROOM** – Level up the fun with an epic gaming session! Grab your controller and get ready for action-packed excitement in the Kiddies Room. Let's play!
- 18:00 BARNYARD SHOW** – Join us at the amphitheatre for an unforgettable evening of fun, music, and amazing performances by Josh Philander.
- 18:30 YOGA WITH DR K. MOODLEY – GYM STUDIO** – Relax and recharge with yoga, breathwork, and meditation sessions. All levels welcome – please wear loose, comfortable clothing and bring along a yoga mat or towel. This session will leave you feeling calm and relaxed. BOOK YOUR SPOT AT RECEPTION



TUESDAY

- 07:45 GOLF AT MOUNT EDGECOMBE** – Lakes/Course 2 – R 400 p.p – includes green fees and transportation – carts not included. TRIP IS LIMITED TO A MAXIMUM OF 4 PEOPLE. Book at reception.
- 08:00 FARMERS' MARKET** – top lawns – Come support local businesses and explore a vibrant selection of fresh produce and homemade goodies at our Farmers Market! Weather permitting, we'll be outdoors—otherwise, we'll bring the market indoors.
- 08:30 BEACH CLEAN UP** – Let's work together to keep our beach beautiful—collect, clean, and enjoy the good vibes while making a positive impact. Every little effort counts, so grab your friends and let's make waves for a cleaner coast! Meet at the Towel Kiosk
- 10:00 KIDS' THEME DANCE** - Get your groove on with the entertainment team! Head to the pool deck and learn a fun, upbeat dance that'll have you smiling, moving, and feeling the good vibes.
- 10:10 KIDS' ICE-CREAM TRAIN** – All aboard the Ice-Cream Train! Meet us at the Family Pool Deck, and let's choo-choo our way to Wimpy for a delicious Soft Serve Cone!
- 10:30 TRIP TO LA LUCIA MALL** – Meet at Cabana Lounge – Free Transportation. BOOK YOUR SEAT AT RECEPTION AS SPACE IS LIMITED.
- 10:30 ICE FISHING CHALLENGE** – Family Pool.
- 11:00 BALL BALANCE BONANZA** – Family Pool – Think you've got balance skills? Test your focus and coordination as you balance a ball on a spoon—while hopping on one leg!
- 11:30 FAMILY SCAVENGER HUNT** – Family Pool – Let the HUNT begin! Grab the family and dive into a fun-filled scavenger hunt at the Family Pool. Great prizes and even better memories are up for grabs!
- 12:00 BINGO** – Family Pool – Get ready for a splash of fun with Family Bingo at the pool! Grab your cards, soak up the sun, and compete for awesome prizes—laughter and good vibes guaranteed!
- 12:00 TROPICAL TRAY CHALLENGE** – Adult Pool – Test your balancing skills as you carry a tray of drinks through a tricky obstacle course—spill and you're out!
- 13:00 QUIZ** – Adult Pool – Team up for an exciting trivia challenge! Test your knowledge, enjoy plenty of laughs, and compete for awesome prizes.
- 14:00 TABLE TENNIS CHALLENGE** – Sports Court – Grab your paddle and step up to the challenge!
- 15:00 KIDS' CREATIVE ACTIVITY** - Cabana Lounge - Unleash your creativity! Come enjoy a fun-packed session of crafts, colours, and imaginative fun.
- 15:00 PLAYSTATION GAMING HOUR** – Kiddies' Room - Grab your controller and take gaming to the next level with an action-packed session in the Kiddies Room!
- 17:00 BRING AND BRAAI** – Sports Court – We supply the fires, bring your own meat, cutlery and crockery. BOOK AT RECEPTION AS SPACE IS LIMITED TO A MAXIMUM OF 100 PEOPLE – BOOKING CLOSES ON MONDAY AT 14:00 – FIRST COME FIRST SERVED. YOUR BOOKING WILL BE RELEASED SHOULD YOU ARRIVE AFTER 18:00. Please adhere to starting times as the braai and Sports Court closes at 20:00.
- 17:30 DANCE CLASSES WITH JEMMA** – Gym Studio – Adult Ladies' Beginners Commercial Dance. Bookings must be made via WhatsApp on 084 393 9815
- 18:15 DANCE CLASSES WITH JEMMA** – Gym Studio – Adult Ladies' Advanced Commercial Dance. Bookings must be made via WhatsApp on 084 393 9815



WEDNESDAY

- 09:30 GARDEN WALK** – Join our knowledgeable landscaping supervisor for an educational garden
- 10:00 KIDS' THEME DANCE** – Get your groove on with the entertainment team! Head to the pool deck and learn a fun, upbeat dance that'll have you smiling, moving, and feeling the good vibes.
- 10:30 BALL BALANCE BONANZA** – Family Pool – Think you've got balance skills? Test your focus and coordination as you balance a ball on a spoon—while hopping on one leg! Fun, laughs, and wobbly challenges guaranteed!
- 11:00 KIDS' TREASURE DIVE** – Family Pool – Dive into adventure and hunt for magical tokens! Exciting challenges, big laughs, and awesome prizes await. Let the treasure hunt begin!
- 11:00 WATER AEROBICS** – Adult Pool - Great moves, good vibes, and a splash of fitness to start your day right – dive into a refreshing workout that's as fun as it is energizing!
- 11:30 6 CORNER CHALLENGE** – Family Pool
- 11:45 TRIP TO GREYVILLE RACECOURSE** – R 180 per person – includes transportation, mini buffet and seats in the viewing room.
- 12:00 BRACELET MAKING** - Family Pool Deck - Get creative and craft your own colourful masterpiece! Make it, wear it, love it!
- 13:00 AQUA PONG**– Adult Pool - Aim, toss, and score in this fun-filled pool challenge! Play solo or team up and see who can hit the floating targets first.
- 14:00 KIDS' 5-A-SIDE SOCCER** – Sports Court.
- 15:00 KIDS' CREATIVE ACTIVITY** - Cabana Lounge – Unleash your imagination at the Cabana Lounge! Fun crafts, exciting projects, and endless creativity—come join the fun!
- 15:00 GAMING HOUR** – Kiddies' Room - Level up the fun with an epic gaming session!
- 19:00 BINGO NIGHT** – Cabana Lounge – Join us for a laid-back evening of bingo fun! Great prizes, good vibes, and a little friendly competition await—let's see who shouts "Bingo!" first!



THURSDAY



- 10:00 KIDS THEME DANCE** - Get your groove on with the entertainment team! Head to the pool deck and learn a fun, upbeat dance that'll have you smiling, moving, and feeling the good vibes.
- 10:15 SACK RACE RELAY** – Family Pool – Hop, jump, and laugh your way to the finish line – team up, compete, and see who can bounce their way to victory. Let the games begin!
- 10:30 BALLOON CATCH 'N CARRY** – Family Pool – READY, SET, CATCH! Test your reflexes, strategy and skills in this high-flying, fast-paced challenge!
- 11:00 KIDS' TREASURE DIVE** – Dive into adventure and hunt for magical tokens! Exciting challenges, big laughs, and awesome prizes await. Let the treasure hunt begin!
- 11:30 BISCUIT DECORATING** – Family Pool - Get creative and add some sweetness to your day! Join us for a delightful biscuit decorating session—sprinkles, icing, and tasty treats await.
- 12:00 SPLASH CHALLENGE** – Adult Pool. Who will create the biggest splash and take home the title? Dive, jump, or cannonball your way to victory in the ultimate Splash Challenge.
- 13:00 QUIZ** – Adult Pool – Test your trivia skills, challenge your friends, and compete for bragging rights and great laughs. Who will be the ultimate quiz champion?
- 13:00 TAILGATING** – Family Pool
- 14:00 KIDS-5-A-SIDE SOCCER** – Sports Court
- 15:00 KIDS' CREATIVE ACTIVITY** – Kiddies' Room – Head to the Kiddies' Room to unleash your imagination and creativity!
- 15:00 GAMING HOUR** – Kiddies' Room - Get ready for an action-packed gaming session in the Kiddies Room! Grab your controller and join the fun!
- 17:30 DANCE CLASSES WITH JEMMA** – Gym Studio – Adult Ladies' Intermediate Commercial Dance. Bookings must be made via WhatsApp on 084 393 9815
- 18:15 DANCE CLASSES WITH JEMMA** – Gym Studio – Adult Ladies' Advanced Commercial Dance. Bookings must be made via WhatsApp on 084 393 9815
- 19:00 BEST OF NEIL DIAMOND AND SMOKIE** at Cabana Lounge– the best hits of the 70's performed by Nice O Nico – full bar service available



FRIDAY



- 09:00 KIDS 5 PIN SOCCER** – Top Lawns.
- 10:00 KIDS' THEME DANCE** - Get your groove on with the entertainment team! Head to the pool deck and learn a fun, upbeat dance that'll have you smiling, moving, and feeling the good vibes.
- 10:30 MEMORY GAME** – Family Pool.
- 11:00 BALLOON CUPS STACKING RELAY** – Family Pool.
- 11:00 WATER AEROBICS** – Adult Pool - Great moves, good vibes, and a splash of fitness to start your day right – dive into a refreshing workout that's as fun as it is energizing!
- 11:30 LIVE MUSIC** – Adult Pool – Sit back, relax and feel the rhythm at the poolside with live music, refreshing vibes and great company
- 11:30 LOOM BAND MAKING** – Family Pool.
- 12:00 TAILGATING** - Family Pool
- 13:00 GOLF CHIPPING** – Adult Pool.
- 14:00 KIDS-5-A-SIDE SOCCER** – Sports Court.
- 15:00 KIDS' CREATIVE ACTIVITY** – Kiddies' Room
Head to the Kiddies' Room to unleash your imagination and creativity!
- 15:00 FIFA PLAYSTATION TOURNAMENT**
Kiddies' Room Calling all gamers! Show off your skills and compete in the ultimate FIFA showdown. Who will be crowned the champion?
- 16:30 FAREWELL MARSHMALLOW BRAAI**
at the Amphitheatre
- 19:00 FAMILY QUIZ** – Cabana Lounge - Test your trivia skills, challenge your friends, and compete for bragging rights and great laughs. Who will be the ultimate quiz champion?
- 19:00 SALSA DANCING WITH EVANS** at the Gym - NO CHARGE. Book directly with Evan on WhatsApp via 061 582 0461

COLOUR ME



FAMILY

KINDERGARTEN WORD SEARCH



X M B I D A D K
 V S O Z N F Q M
 G D Y E J H R O
 I F A M I L Y M
 R B P L C W U G
 L A T O B A B Y



DAD



MOM



BABY



BOY

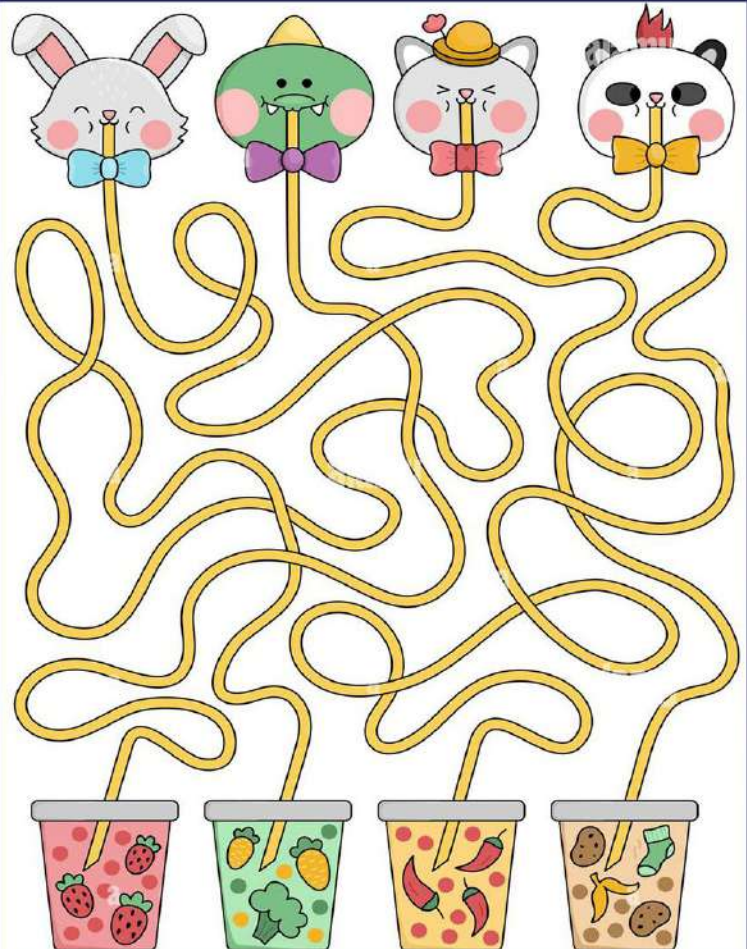


GIRL



FAMILY

Tree Valley Academy





SPOT THE DIFFERENCE



Cabana Beach



R E S O R T

PICKLE & PADEL BALL

Open from 06:00 until 22:00. Please be at the court 10mins before your booking. Please call extension 20177 or 20109 to make a booking. Kids under 18 to be accompanied by adults as indemnity forms need to be signed before sessions. Please book your slot one day before or on the day. Maximum of 4 guest's per session. Should you arrive late, your session will be forfeited.

EQUIPMENT HIRE

- * 1x Racquet and ball for padel - R75
- * 2x Racquets and ball for padel - R120
- * 2x Tennis racquets and ball - R50
- * 2x Squash racquets and ball - R50
- * Pickleball per set - R50

**ONLY CABANA BEACH RESORT AND UMHLANGA SANDS GUESTS.
STRICTLY NO CASH - ONLY CARD PAYMENTS ALLOWED.
BOOKINGS CAN ONLY BE MADE FROM 7AM EVERY MORNING,
NO MULTIPLE ROOM BOOKINGS CAN BE MADE ON A DAILY BASIS.**

