

MENU

Garden Court Polokwane

STARTERS

CRUMBED MUSHROOM –V- **R105**
Crumbed button mushrooms on a bed of greens accompanied by yogurt and herb dressing

PERI PERI CHICKEN LIVERS **R75**
Pan fried chicken livers on a spicy tomato base sauce served with toasted bread

SOUP

SOUP OF THE DAY **R75**
Enquire with the waitron about our soup of the day served with fresh bread or rolls

SALADS

INFUSED GREEK SALAD **R100**
Feta cheese olives tomato wedges onion peppers cucumber on crispy greens with Greek dressing

THAI CHICKEN SALAD **R140**
Crumbed chicken strips set on medley fresh garden greens herb croutons citrus segments and served with sweet Thai sauce

GREEN CHICK PEA AND AVOCADO SALAD **R100**
Chick Pea layered on a bed of salad leaves pepper dews half's sliced avocado and Green salad dressing

ASSORTED SANDWICHES

On White/Brown or low GI bread either toasted or plain served with French fries and tomato sauce

	Full Portion	Half Portion
BACON, EGG AND CHEESE	R100	R75
CHEESE AND TOMATO	R90	R55
CHICKEN MAYO	R95	R65
HAM AND CHEESE	R95	R65
TUNA MAYO	R100	R75
SPINACH AND FETA	R90	R55

LIGHT MEALS

BBQ CHICKEN WINGS **R145**
Chicken wings basted with BBQ sauce served with French fries

FISH AND CHIPS **R190**
Deep fried or grilled hake fillet with French fries and tartar sauce

BEEF OR CHICKEN CLUB SANDWICH **R165**
Toasted, filled either with beef steak or chicken breast, bacon, fried egg, tomatoes, lettuce, mayonnaise served with French fries and sweet chilli dip

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LIGHT MEALS

BEEF BURGER R140

Grilled beef patty on a toasted bun with lettuce, sliced tomato, gherkins, onion, sliced cheese served with French fries and sweet chilli sauce

CHICKEN BURGER R140

Flame grilled chicken breast fillet on a toasted bun with lettuce, sliced tomato, gherkins, onion, sliced cheese served with French fries and sweet chilli sauce

VEGETABLE BURGER R130

Pan fried vegetable patty on toasted bun with lettuce, sliced tomato, gherkins, fried onion served with French fries and tomato sauce

FRRENCH FRIES R60

Portion of Fries served with Tomato Sauce

PASTA

SPAGHETTI BOLOGNAISE R140

Spaghetti with bolognaise sauce topped with grated parmesan cheese

VEGETABLE LASAGNE R120

Seasonal vegetables layered on creamy pasta gratinated with yellow cheese

OLD FASHION PASTA PENNE R130

Penne with creamy mushroom, green pepper and a choice of chicken strips or cubed bacon

FROM OUR GRILLS

ALL MAIN DISHES ARE SERVED WITH VEGETABLES AND A CHOICE OF RICE, MASH POTATO, FRENCH FRIES OR PAP

300g LAMB CHOPS R300

Marinated in rosemary, grilled and served with mint jus

300g RUMP STEAK R200

Grilled to perfection and accompanied by a sauce of your choice

400g PORK CHOPS R200

BBQ pork chops with sweet and sour sauce

350g T-BONE STEAK R220

Grilled and served with a sauce of your choice

400g PORK RIBS R260

BBQ marinated pork ribs

GRILLED CHICKEN ¼ LEG R150

Chicken ¼ leg grilled and served with tomato relish

MATSAKENG GARDEN MIXED GRILL R220

Grilled beef steak, boerewors, BBQ chicken wings and egg served with tomato relish, salsa and pap

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EXTRA SIDES & SAUCES

SAUCES

Mushroom sauce
Pepper sauce
Tomato relish
Rosemary and mint sauce
Cheese sauce
Peri peri sauce

R35 EACH

STARCHES

Rice
Pap
Mashed Potato
French Fries
Vegetables of The Day

R40 EACH

DESSERT

MALVA PUDDING

Baked Malva pudding with custard

R120

STRAWBERRY CHEESE CAKE

Cheese cake strawberry with wild berry sauce

R100

TROPICAL FRUIT SALAD

Seasonal fruits served with ice cream

R80

CAKE OF THE DAY

Served with Ice cream or cream

R150

TRIO OF ICE CREAM

Vanilla, chocolate, strawberry flavoured ice cream with chocolate sauce

R80

HOT DRINKS

Cappuccino	R34
Filter Coffee	R32
Café Latte	R34
Assorted Teas	R28
Americano	R34
Espresso Single	R25
Espresso Double	R45
Hot Chocolate	R38
Pot Of Tea/Coffee	R45